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Reviews

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(Gretchen O'Keefe MD)

SNAPSHOTS FROM A BROKEN CAMERA (BLACK AND WHITE VERSION): A COLLECTION OF SHORT STORIES ABOUT MY LIFE



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Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 200 pages. Dimensions: 10.0in. x 8.0in. x 0.5in. I started writing this book in 1991, a year or so after my Dad died. Life was brutally hard back then. Mom was still suffering from the effects of her stroke. For a while I tried holding on to my job while also caring for my Mom. My physical health nose dived and I crashed and burned. Ive been struggling to regain my health ever since. (Multiple small strokes and a pulmonary embolism later, Im still chugging along hoping for the best.)F. Michael Trevitt, PhD (my therapist in 1991) suggested I write everything down, more for myself than anyone else. So I journaled and wrote a couple of newspaper articles on life with Multiple Personality Disorder. I was surprised at how popular my stories were. People who knew I had MPD (I didnt keep it secret back in the day) would ask me what it was like to be a multiple, what it felt like to Switch, and all sorts of invasive and private questions. Invariably, some idiot asked me to go in great detail about the sexual abuse. Then Id stress and vanish into some dark place within myself. A lot of peoples questions stressed the hell out of me, so much so I ended up losing time and other personalities would step in and take over. I was taking care of my still abusive Mom and trying to get my head straight. I didnt understand peoples fascination with my pain. (Still dont) I half joked to the doctor that I felt as if I were writing psychological porn. Mostly I worried about peoples reasons for needing to know so much about the sexual details of my life. Every...



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