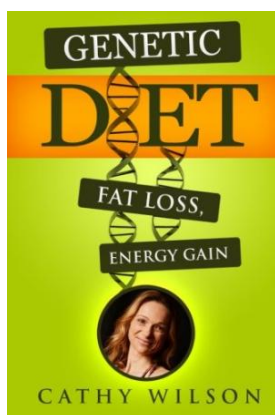


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GENETIC DIET: FAT LOSS, ENERGY GAIN



Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Genetic Diet: Fat Loss, Energy Gain, by nutritionist Cathy Wilson is an introductory health and wellness guide, offering practical manageable solutions toward optimal health. By using scientific evolutionary backing, focusing on the strengths of caveman ways, and by pointing out the weakness in our fast-paced, technology hungry society, Wilson teaches simple effective strategies to help you. *Cut out...

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- Authored by Cathy Wilson
- Released at 2014



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